

Roo News

SPECIAL POINTS OF INTEREST:

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ROO NEWS is a newsletter for Certified Kangaroo Caregivers (CKC's) and is designed to support their efforts to Promote, Protect, Progress, and Preserve Kangaroo Care.

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OCTOBER 2004

First Class of Certified Kangaroo Caregivers Graduates

On September 28, 2004 the 1st class of Certified Kangaroo Caregivers completed all certification requirements at the conference in Cleveland, OH. We are pleased to present the following Certified Kangaroo Caregivers:

Tonya Anderson, Tina Anzo, Amy Berry, MaryAnn Blatz, Wendy Blum, Kim Boggs, Maria Burkhammer, Sheau-Huey Chiu, Kat Courtney, Veronica DeLeon, Rosella Dempsey,

Noelle Dorsey, Cathy Estep, Joan Foes, Suzanne Forsgren,

Sue Glowacki, Cecile Hugle, Sakeenah Johnson,

Tami Kennedy, Kristie Kenney, Eileen Kinney, Jill Kolar,

Raouth Kostandy, Tina Lewis, Cindy Martin, Kathy Morgan,

Barbara Morrison,

Georgia Morrow, Julie Rand, Ann Reitenbach, Noreen Roman, Debbie Schwerko,

Theresa Smith, Jennifer Smith, Kirstin Sullivan, Joan Swinth, Diane Tuuri, Sherry Valentine, Juanita Vargo, Darlene Walker, Jeri Whiteus, Sandy Winningham

Notice of these graduates has been sent to Journal of Obstetric, Gynecologic, and Neonatal Nursing, American Journal of Maternal Child Nursing, Neonatal Network, Advances in Neonatal Care, and Nursing Spectrum.



Skills lab demonstration with infant requiring CPAP



Conference attendees at full attention

First Certification Course

The second day of the first CKC (Certified Kangaroo Caregiver) course was held September 30, 2004 at La Centre in Cleveland, OH. The day contained a variety of speakers, a skills lab-with a real live baby who was such a cutie!!- and a film festival. Evaluations were very positive as 82%

gave the conference perfect scores and 98% scored it as above average. However, several comments were found relating that the films were redundant with the lectures. The films were not shown to necessarily convey new knowledge, but to make CKC's aware of the re-

sources available to them to promote, protect, preserve and progress Kangaroo Care. Also CKC's need to check the KC bibliography closely to find all the resources there, like the lists where to buy KC lounge chairs, how to find KC researchers, KC websites, and list of videos.



Dr. Susan Ludington explaining how to maintain certification

Hopping Along (Projects in Progress)

USAD-INK has two big projects in progress. The first is to find a publisher for Dr. Ludington's book "Kangaroo Care: The Best You Can Do for Your Preterm Infant" so that it can be updated, reprinted, and made available to everyone in greater quantities and hopefully at a cheaper price. Ms. Kathy Morgan, RN, NNP, CKC has agreed to work on this project.

The second project is the SKIN-TO-SKIN Program.

Each of the modules has to be kept up to date with new references and improved. Improvements include using better graphs and boxes to highlight material, including pictures to illustrate points being made or to provide respite from all the reading (I know that I first look at pictures and pick pages to read first by the number of pictures on the page- two pictures or more and I think I have time to read that page, less than 2 pictures and the page might not be read

for some time!!). You may have noticed that there are not many pictures in the learner's manual that you have. Now is the time to add them. PLEASE SEND US PICTURES to include in the modules (full citation of source will be included) and tell us in which module you would like to see the picture. We always like getting pictures. Send them to : Susan Ludington, Case Western Reserve University 10900 Euclid Avenue, Cleveland, OH 44106-4904



Drs. Anderson and Ludington during the break



Skills lab demonstration of how to tie the Kangaroo Care Wrap



Dr. Gene Anderson speaking

New Roos (Projects on the Horizon)

The Certification meeting in September was very exciting for USAD-INK headquarters personnel as we had a chance to meet with Drager company officials. Drager is a division of SIEMENS, a large European electronics/telecommunications firm (like our old Ma Bell). Drager makes medical equipment (ventilators, incubators, pumps,

etc.) and recently purchased AIRSHIELDS. They want to move the Drager products into U.S. NICU's. Drager explained to us that they don't just sell equipment (ie. A ventilator, a crib, a warmer), instead, they want to be known for selling a care program that includes educational opportunities plus equipment. For this reason, they came to USAD-

INK to negotiate having us provide some educational opportunities for units that purchase the new CALEO, the Kangaroo Mode incubator. USAD-INK will develop some continuing education unit opportunities, some very short educational films (12 minutes or less) for use at their exhibition spaces, and will put the CKC (Continued page 3)

KC Scrapbook Competition

Thinking ahead to our day in the sun when the World Health Organization's International Network of Kangaroo Care Workshop comes to Cleveland (in 2006, hopefully), we want to have a display of Kangaroo Care Scrapbooks. Dr. Paula Meier developed a scrapbook like this for all par-

ents in the Rush's Mothers Milk Club to use. A family takes a picture of their infant in or out of KC and writes a few lines describing their experience with Kangaroo Care. Several times families put several pictures in it, showing their child's progress towards discharge. All new and old

NICU parents have commented how much they enjoyed looking at the pictures in the book and reading about other parents' experiences and feelings as they grapple with the realities of NICU care. The BEST scrapbook will be awarded \$250. BE CREATIVE, and Don't Delay!!

New Roos (Projects on the Horizon) Cont'd

process online so a registered nurse can sign on and do one module at a time earning CEU's without leaving home. Our first educational offering will be a 12 minute film entitled "TEN GOOD REASONS TO DO KANGAROO CARE." We have already started with the story boards and plan to have the film ready for showing at the AWHONN convention in June 2005. Also at that convention, Drager may be providing attendees with some goodies like a t-shirt with a Kangaroo pictured below

the words "I BELIEVE" on the front and the SKIN-TO-SKIN mnemonic on the back (The t-shirt and SKIN TO SKIN words were Dr. Richard Sowl's idea, the picture and "I BELIEVE" words were Dr. Ludington's idea). What do you think of this idea? Is there some other give away that would attract more nurses to the Kangaroo Care video? Please share your ideas with us by leaving a message at 216-368-6490. We are thinking of making a film called "Kangaroo Care in the Delivery Room" showing

how to use KC swiftly after birth to increase successful breastfeeding with full term infants. If you have any other needs for your KC practice, please let us know so we help you meet your needs. The Drager officials showed us their new CALEO incubator, which is a Kangaroo Care friendly incubator in several ways: 1. The lid opens, providing easier access to the infant, 2. the mattress is completely flat with the incubator side so access and space to work is not limited, (Continued Page 4)

If you have an idea, article submission or notification of an event you would like to share with us send it to:
 Sakeenah Johnson
 Case Western Reserve University
 Frances Payne Bolton School of Nursing
 10900 Euclid Avenue
 Cleveland, OH 44106-4904
 216-368-6490
 216-368-3542 fax

In the Literature

Each month you will be sent with the ROO NEWS a copy of new literature/publications/abstracts etc, that have appeared in the lay or professional literature to keep you up-to-date on the available evidence 8 new references are included. The article that is attached to this,

Harris, H 1994. Remedial Co-bathing for Breastfeeding Difficul-

ties Breastfeeding Review II (10) 465-68, is an older article but one that I am sure not many have seen. The pictures speak for themselves and inspire all of us to work towards minimal maternal-infant separation and continuous Kangaroo Care.



Skills lab demonstration with ventilated infant

Implementation Schedule

Everyone who completed Certification in September left the program knowing that they needed to jumpstart implementation by setting a KC goal and start planning to achieve that goal. Each month, Dr. Barbara Morrison CKC, will present the step to be taken each month to keep you moving toward your 6 month and one year goal. Remember, we want excellent

programs of routine KC in place to showcase to international visitors in Fall, 2006. Month #1's activity is, using the FOCUS acronym, is
 F = find process to improve.
 O = Organize a team
 C = Clarify the current process
 U = Understand process variation
 S = Select process improvement

UPDATE: CKCs at Rainbow Babies and Childrens' Hospital have completed F, O, and C. They completed a survey of current practice and have completed a module for all new nurses to learn basics of KC to bring knowledge to a standard level. This is phenomenal and WE ENCOURAGE EVERYONE TO KEEP UP THE GOOD WORK.



Skill's lab demonstrating breastfeeding

USAD-INK

Case Western Reserve University

Frances Payne Bolton School of Nursing

10900 Euclid Avenue

Cleveland, OH 44106-4904

New Roos (Projects on the Horizon) Cont'd

3. the mattress slides out so mothers can easily get to the baby, 4. the incubator rises and lowers with the press of a foot peddle, making it easier for mother to get to her baby., and 5. when the baby is taken out for Kangaroo Care, the push of a switch changes the incubator's thermodynamics from servo control to air control mode so that the incubator is the right temperature for the infant when he/she is put back into it. The KC mode also automatically records how long the incubator is in the Kangaroo Mode, so one will have a pretty good approximation of how much KC was given. The Caleo has many other features that make it an awesome incubator and one that nurses may really love. For example, you can

open the front access panel and still reach the diapers in the drawer. The drawer can be opened on either side of the incubator, the x-ray tray is right under the mattress, as is the weighing machine, there are two temp probes (one for core temp in yellow and one for peripheral temp in white), alarms can be silenced, a light and goes on above the infant so the nurse can see the alarm even if it is inaudible. When you elevate the head of the bed, the entire incubator elevates so that you still have room to give care to the infant's face and head region, portholes are more spacious and spaced so that both hands can touch each other with ease when in the incubator (even with the portholes on the ends), and rather

than having to move the lead wires and tubing out of the portholes, the entire port hole holding the tubes and wires slides out, keeping all leads/tubes in place. The hand ports are so quiet on this model and the mattress lies flat, and the infant can be positioned longitudinally or horizontally in the incubator with plenty of room on all sides. Foot locks are a breeze (no more stooping down to set or release the wheel lock!) and when the mattress shelf is pulled out it is strong enough to support your weight as you lean on it. The incubator accommodates twins for co-bedding. Take a look at this new incubator; it will amaze you.